#### **HB Studio**

#### **FALL TERM 2023 - IN PERSON CLASSES**

### **Acting 1**

The Fundamentals of an HB technique: Here, you develop the ability to respond truthfully, dynamically, and vividly with fellow actors and the ability to access sensory elements. You tap into the power of imagination and the reservoir of memory. You gain a working understanding of the terms: previous circumstances, destination, inner and outer objects, intentions, obstacles, and conflicts. You develop an awareness of the power, function and dynamics of "place", and learn to be in a state of discovery, which leads to actions. You develop tools of research and observation and you get comfortable improvising. You begin to measure yourself against professional standards and develop habits of discipline and a strong work ethic. Do understand that these practices take time to master. It takes about a year (20-30 weeks) at this level to really own the skills addressed. Further scene study or performance work will then take root in this fertile ground. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages StartTime	EndTime	Location	Room	Fee*
STE1SU	Steibl, Trudy	09/17/2023	11/19/2023	Su	10	18yr-& Up <sub>01:30</sub> PM -	04:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$575.00
BEC7F	Beckett, Michael	09/15/2023	11/17/2023	Fr	10	18yr-& Up <sub>07</sub> :00 PM -	09:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$575.00
CHE10SU	Chernova, Snezhana	09/17/2023	11/19/2023	Su	10	18yr-& Up <sub>10:30</sub> AM -	01:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$575.00
COL2SA	Colimon, Magaly	09/16/2023	11/18/2023	Sa	10	18yr-& Up <sub>02:30</sub> PM -	05:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$575.00
FO7M	Fontanals, Maria	09/11/2023	11/20/2023	Мо	10	18yr-& Up <sub>07:00</sub> PM -	09:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$575.00
DEB1M	Deblinger, David	09/11/2023	11/20/2023	Mo	10	18yr-& Up <sub>01:30</sub> PM	04:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$575.00
STE11SA	Steibl, Trudy	09/16/2023	11/18/2023	Sa	10	18yr-& Up <sub>11:30</sub> AM -	02:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$575.00

# **Acting 2**

You continue developing the techniques from Acting 1, now applied toward scene work and the demands of crafting and scoring a role. You'll use Uta Hagen's object exercises to build habits of attention and unlock your rehearsal process. You'll apply improvisation to the exploration of character and circumstances, and develop an approach to preparation. Among the skills you'll practice: discerning beats, intentions, obstacles, and conflict; choosing actions; sensing the turning points in the text; substitution/personalization; endowment of sensory conditions; working with expectations and previous circumstances; finding immediacy in the give and take. PREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
DEB2SA	Deblinger, David	09/16/2023	11/18/2023	Sa	10	18yr-& U -	p 02:30 PM	05:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$575.00
BEC2SA	Beckett, Michael	09/16/2023	11/18/2023	Sa	10	18yr-& U -	p 02:30 PM	05:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$575.00
FRR6TU	Ferrara, Francesca	09/12/2023	11/21/2023	Tu	10	18yr-& U -	р 06:30 РМ	09:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$575.00

**Acting for Teens: Ages 14-17** 

This class for teenagers builds on the basics of the "Game of Make Believe" introduced in Acting for Young People aged 9-13, starting from improvisations and moving into work on scenes. You will discover how to use yourself, your experiences and imagination to create a character in a play or story. Your belief and whole-hearted commitment to the circumstances of the play make it real for the audience. In an atmosphere of creative play and self-discovery, you will come to understand and experience the level of preparation and discipline you will need to try for a place in the professional theater. We'll also work on how to prepare for auditions and cold readings.PREREQUISITE: Open to all, ages 14-17.

EventCd Teac	her Star	rtDate E	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MNC11SA Mano	cini, Marlene 09/1	16/2023 1	1/18/2023	Sa	10 14	4yr-17yr -	11:00 AM	01:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$545.00

## **Acting for Young People: Ages 9-13**

When the actor believes, we believe. The child's natural instinct for play is the foundation of the actor's process. Using the game of make believe to get into the "shoes" of the character, we begin to play with the possibilities that game invites in us. In order to believe I am the character, I must begin to learn all I can about who "I" am in the role: what surrounds and affects me, what I know, where I have been and where I am going; what I want, and what I do to get it or to make it happen. We use improvisation to awaken and explore creative impulses. Theatre games and exercises expand imagination, awareness, concentration, expressivity, and help build skills of communication, cooperation, and collaboration. Through text work designed for the young performer, we make strong, specific, meaningful connection to the language and circumstances of the play, bringing the author's words to life. Through acting, young people gain compassionate insight about themselves and about the world around them; gain poise and confidence; develop problem-solving skills; and engage with peers and mentors in a joyful, collaborative process.PREREQUISITE: Open to all, ages 9-13

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
TER4F	Terry, Claudia	09/15/2023	11/17/2023	Fr	10	9yr-13yr-	04:00 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$475.00

### **Acting Improvisation**

For actors who want to improve their acting skills through improvisation, this class amplifies the technique work in Level 1 and supports the work with scenes in Levels 2 and 3. The first session will be dedicated to the choices you need to make to structure a viable improvisation, with emphasis placed on circumstances, relationships, tension and subtext. In the following sessions you will improvise scenes based on play and film summaries given a short preparation period in class. There is no work outside of class. Through this inventive process you develop immediacy, creativity and partnering skills, and hone your instincts for making productive dramatic choices. Actors of all levels are welcome.PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
NDG6TH	deGannes, Nehassait	1 09/14/2023	11/16/2023	Th	10	18yr-& U -	P 06:00 PM	08:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$585.00
KAZ4W	Kazlas, Rasa Allan	09/13/2023	11/15/2023	We	10	18yr-& U -	<sup>p</sup> 04:00 PM	06:30 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$585.00

### **Acting in English**

For actors who have English as a second language. The question "How do I make these words my own?" is at the core of the actor's craft. If you are speaking English as a second language, you may encounter additional stumbling blocks like getting stuck in "translator" mode, feeling emotionally disconnected from the language, and fearing being misunderstood. This course is designed to help you bridge the gap between the text and the self by unlocking the full expressive power of the language skills you already possess. The class guides you through activities to fully access your natural and learned language tools so that you can express yourself more freely, listen more intently and contribute more meaningfully in English. Voice and movement exercises will uncover the expressive musicality and physical experience of embodied language. Through text analysis, table reading, and guided rehearsal, you explore the vocabulary, grammar, subtext and context of a given script. The goal is to develop your language skills on multiple levels with a focus on improving your ability to perform in English. All of this serves the actor's calling to make meaningful connections with others through collaborative dialogue.PREREQUISITE: Speech 1. You must have completed 10 weeks of Speech 1 to enroll in this course. (Exception: Previous students of Acting in English may enroll without having taken Speech 1.)

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
DOL1M	Dolezel, Craig	09/11/2023	11/20/2023	Мо	10	18yr-& U -	p 01:00 PM	03:00 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$465.00

## **Acting the Song**

This course applies the skills developed in Acting 1 and 2 to musical performance—to the presentation and articulation of a song, as it arises from the scene and from the life of the character. You will work to balance correct vocal technique and sound production with the effort to bring truth and specificity, both to the song and to the role. Class material addressed may include solo performance, duet, or group scenes and is appropriate for both the professional and aspiring singing actor in whatever genre you may choose to focus your efforts (musical theatre, opera, concert/cabaret). Accompanist provided. Come prepared with a song (memorized and with sheet music properly prepared and in a binder for use by the accompanist).PREREQUISITE: Open to actors placed at Singing Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
LS3F	Serabian, Lorraine	09/15/2023	11/17/2023	Fr	10	18yr-& U <sub>I</sub> -	<sup>9</sup> 03:30 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$585.00

## Acting with the Camera 1

This Level 1 acting class provides an introduction to the technique of living truthfully in front of the camera. You explore the fundamental elements of a grounded acting technique as they relate to the level of intimacy the camera demands. As you practice in front of the camera, you learn to stay open and work freely without hiding or acting for the lens. You develop the ability to listen and connect truthfully with a partner, letting that interaction guide your impulses. You discover the relevance of Uta Hagen's exercises for on camera work – building the 4th wall, creating place, connecting with sensory aspects of the environment – and begin to understand the level of preparation, specificity, and simplicity the camera demands. You will receive video files of your on-camera footage at no extra charge, included within the cost of the class. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs Ag	es StartTime	EndTime	Location	Room	Fee*
DEB6TH	Deblinger, David	09/14/2023	11/16/2023	Th	10 18yr-	& Up <sub>06:30</sub> PM	09:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$755.00
COL1W	Colimon, Magaly	09/13/2023	11/15/2023	We	10 18yr-	& Up <sub>01:30</sub> PM	04:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$755.00
JR6W	Roman, Julissa	09/13/2023	11/15/2023	We	10 18yr-	& Up 06:00 PM -	09:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$755.00

## **Acting with the Camera 2**

This advanced scene study track is geared to the particular circumstances of working with the camera on film or video, and assumes you are already well grounded in acting technique, text analysis, and contemporary scene work. The class will address the adjustment you must make to the intimacy and immediacy of film, so you become accustomed to doing your best detailed, honest, layered work under the watchful eye of the lens. You learn to manage the tough realities of the film or television job, developing strategies for applying your own technique to the demands of the set. We consider angles, lenses, distances, continuity, and your relationship to the composition of the scene. You learn to work more quickly and more intimately, and to prepare effectively for a performance situation in which there is little or no rehearsal and scenes often occur out of sequence. You learn to respect and understand the financial, technical, and time considerations that govern film production, and cultivate the absolute discipline required to meet them. PREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
WEL10W	Weller, Fred	09/13/2023	11/15/2023	We	10 1	18yr-& Up -	<sup>)</sup> 10:00 AM	01:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$755.00

## Actuar en Español

Esta clase, dirigida en Español, consiste en un programa dinámico de 10 semanas dividido en dos partes de 5 semanas. La clase indagará en las aplicaciones prácticas de la técnica de Uta Hagen discutidas en su libro "Un reto para el actor". Se usarán los ejercicios de Uta Hagen como herramienta para enfrentar retos y desbloquear el proceso de ensayo; y se pondrán en práctica mediante el trabajo de escenas, monólogos o soliloquios extraídos a partir de obras hispanas contemporáneas. A través del análisis de texto, trabajo de mesa, y ensayos guiados, se trabajará en conseguir una conexión auténtica con las circunstancias del personaje, escogiendo las acciones más honestas acordes con las circunstancias y buscando la organicidad y liberación de los impulsos. Las escenas se presentarán en clase, y luego se trabajarán y presentarán de nuevo para explorar y aplicar los comentarios recibidos. Se espera, por parte de los estudiantes, investigación extensa, preparación y ensayos fuera de la clase.REQUISITO PREVIO: El curso está abierto a la comunidad hispana así como a los actores cuya segunda lengua es el español y quieran usar sus habilidades lingüísticas a varios niveles, mejorando su habilidad para actuar en español. Curso para todos los niveles. Acting in SpanishThis class, conducted in Spanish, is a vigorous 10-week program divided in two 5-week parts. The class will probe the practical applications of Uta Hagen's approach as discussed in her book, A CHALLENGE FOR THE ACTOR. You will explore Uta Hagen's object exercises to solve acting challenges and unlock your rehearsal process, applying them towards work on monologues, soliloquies, and scenes from contemporary Hispanic plays. Through text analysis, table reading, and guided rehearsal, you will work to find an authentic inner connection to the character's circumstances and to choose truthful, effective and lively actions. Scenes are presented in class for critique, then reworked to explore and apply feedback. Extensive research, preparation, and rehearsal are exp

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
FO10M-A	Fontanals, Maria	09/11/2023	10/16/2023	Mo	5	18yr-& U -	<sup>[p</sup> 10:00 AM	12:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$230.00
FO10M-B	Fontanals, Maria	10/23/2023	11/20/2023	Mo	5	18yr-& U -	p 10:00 AM	12:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$230.00

## **Alexander Technique**

The Alexander Technique is a gentle method through which you gradually learn to free yourself from unconscious physical habits that limit your ease, versatility, and freedom. This course will inquire into and enhance your "body map" – your conception of your body, as a whole and in specific areas. As you learn to release the downward pressure of your head to your spine, become clearer about your joints and how they work, and understand the unity of your body/mind and how it functions as a whole, you will gain access to an ever-increasing sensory awareness. Bringing conscious thought and awareness to daily life will allow you to change the habitual behavior that creates unneeded tension. Posture and self-use become conscious and volitional, not habitual and rigid. This translates to a greater possibility of fully embodying characters whose physical life is different from your own while maintaining healthy use of your body. Natural free use of the breath is addressed as a result of freeing the whole self, supporting your voice work. Recommended reading for Alexander Technique: BODY LEARNING by Michael GelbPREREOUISITE: Open to ALL levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
МВ4ТН	Bernard, Martha	09/14/2023	11/16/2023	Th	10	18yr-& U -	<sup>p</sup> 04:00 PM	05:30 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$365.00

### **Independent Study Project Lab**

PRESENTED BY SNEZHANA CHERNOVA —To be held both in-person and online: For artists who are interested in developing their own projects, this is an independent class working solo or with a partner on an independent study project that you devise, under the guidance of HB faculty, Snezhana Chernova. You must submit a proposal for review and approval prior to registering. The proposal should include a work-plan, proposed outcome, and the estimated number of hours required to complete the project. Creative projects might be shared in public presentations at HB Playwrights Theater at the end of the term. Undertaking independent study requires a commitment to check-ins with the instructor and weekly 2.5 hour group meetings to report objectives, progress, trouble shoot, present projects, and exchange ideas. An additional one-on-one 30 minute session with the instructor may be held each week. Examples of projects include: Writing a screenplay/play, doing a podcast, doing a live stream performance series, monologues or scenes, creating a TV pilot, writing a music, shooting a documentary or short/feature film, writing a poetry etc. Selected projects might be shared on HB Studio social media channels. This Independent Study Project Lab requires a commitment of 4 hours per week.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
INDSTU- FA23	Chernova, Snezhana	09/11/2023	11/20/2023	Mo	10	18yr-& U -	p 10:00 AM	12:30 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$295.00

## **Movement for Actors 1**

OPEN TO ALL. NO PREREQUISITE. The primary objective of this class is to free up the artist's channel through physical training. This work happens under the notion that the body is a channel through which we process our experiences into motion and sound -- whether that be through acting, filmmaking, writing, etc. When the channel is open, you learn to connect with and respond more spontaneously to an environment without tension or pushing. A large portion of the freeing-up process is psychological, which requires an understanding of and connection to your emotional and physical self. The mindfulness component of the movement work encourages you to be permissive with your habits, experiences and emotions as they develop in the body. However, this is never accomplished in a vacuum. The unique insight of this training is the necessity for you to be in contact in order for the work to take-hold. This happens through regularly practiced ensemble and partner exercises. The concept of "play," begins to take hold, as you understand improvisational movement without tension or anxiety - working less cerebrally and more kinesthetically. This will also be a very technical class. We will work to drastically increase your strength and flexibility in a variety of daily warm ups as well as engage in regular rigorous lengthening exercises. You will be given an arsenal of physical vocabulary and challenged to become fearless, expansive, and unapologetic movers. A large portion of the class focuses on the studies of Rudolf Laban's "Eight Efforts." These Laban Efforts are the springboard for a final composition choreography project, where you will be asked to create your very own movement piece. It is important to remind ourselves that our bodies are capable and powerful instruments. You are an active agent in this process, and this course will serve to physically support the work you do as an artist in the world.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
URA10M	Uranowitz, Michelle	09/11/2023	11/20/2023	Mo	10	18yr-& U] -	<sup>0</sup> 10:00 AM	12:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$425.00

#### **Movement for Actors 2**

Movement for Actors 2 builds off of the explorations of awareness, expression, and transformation you experience in Movement for Actors 1. The first five weeks of the course will focus on conditioning the relaxation, concentration, and physical imagination required to give physical reality to any character or situation you may be called upon to play. You build a strong connection to the gut (the "center" of the actor's body), which is the originating motor for all movement and artistic choices that are made on stage. You deepen the connection to your entire instrument so that you can be seen, heard, and fully understood when rehearsing, performing, or auditioning for a role. The second half of the course will focus on developing your ability to physicalize emotions and repeat actions with spontaneity and commitment. The overall goal of Movement 2 and Movement 3 is to help you to be "authentic" in any style you may be called upon to perform.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
URA10F	Uranowitz, Michelle	09/15/2023	11/17/2023	Fr	10	18yr-& U	<sup>p</sup> 10:00 AM	12:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$425.00

### **Scene Study - Studio Practice**

For professional performers who desire to return to, or maintain an ongoing relationship with a dynamic and fertile state of learning. The goal: to use the specifics of language, action, subtext, circumstance, and relationships in order to connect with the work at the deepest most personal level. You are encouraged to push boundaries with the aim of building ever more complex characters and situations, allowing and exploring what is powerfully, unexpectedly revealed. Expected rehearsal time outside of class: 6+ hours / week. PREREQUISITE: Open to actors placed at Acting Level Studio Practice (4). New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
RC10F	Christopher, Rachel	09/15/2023	11/17/2023	Fr	10	18yr-& U -	<sup>J</sup> p <sub>10:00</sub> AM	01:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$655.00
HEC10TH-B	Hecht, Jessica	10/19/2023	11/16/2023	Th	5	18yr-& U -	<sup>J</sup> P 10:00 AM	01:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$335.00
BEC10SU	Beckett, Michael	09/17/2023	11/19/2023	Su	10	18yr-& U -	<sup>J</sup> P 10:00 AM	01:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$655.00

#### Scene Study 1

An introduction to the process of preparing and rehearsing a scripted text. Using Uta Hagen's six steps as a guide, you will work to find authentic inner connection to the character's details and circumstances and to choose truthful, effective and lively actions. A commitment to rehearse with partners outside of class is required. Expected rehearsal time outside of class: 3-4 hours / weekPREREOUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
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WEL10TU	J Weller, Fred	09/12/2023	11/21/2023	Tu	10	18yr-& Up <sub>10:00</sub> AM -	12:30 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$585.00
LS12F	Serabian, Lorraine	09/15/2023	11/17/2023	Fr	10	18yr-& Up <sub>12:30</sub> PM -	03:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$585.00
BRL3TU	Boerlin, Jim	09/12/2023	11/21/2023	Tu	10	18yr-& Up 03:30 PM -	06:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$585.00
PRY6F	Pryce, Paul	09/15/2023	11/17/2023	Fr	10	18yr-& Up 06:30 PM -	09:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$585.00

### Scene Study 2

You will apply the lessons of Acting 1 and 2 to the preparation, rehearsal, and presentation of scenes, focusing on contemporary realist plays (mid-20th century to present). Scenes are presented in class for critique, then reworked to explore and apply feedback. Technique exercises may be introduced diagnostically to address problems as they arise. Expected rehearsal time outside of class: 3-6 hours / weekPREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages S	StartTime	EndTime	Location	Room	Fee*
LS6TU	Serabian, Lorraine	09/12/2023	11/21/2023	Tu	10	18yr-& Up <sub>0</sub>	06:30 PM	09:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$585.00
BEC11SA	Beckett, Michael	09/16/2023	11/18/2023	Sa	10	18yr-& Up <sub>1</sub> -	11:30 AM	02:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$585.00

## Scene Study 2-3

PREREQUISITE: OPEN TO STUDENTS PLACED AT LEVEL 2 AND UP. NEW STUDENTS MUST AUDITION FOR PLACEMENT. (You will be dropped from this course if you register without audition/placement) A combined class for intermediate and advanced actors. Scenes are presented in class for critique, then reworked to explore and apply feedback. At the intermediate level, you apply the lessons of Acting 1 and 2 to the preparation, rehearsal, and presentation of scenes from contemporary realist plays (mid-20th century to present). Technique exercises may be introduced diagnostically to address problems as they arise. At the advanced level, you will apply advanced lessons in technique and text analysis to scenes from a range of contemporary and classic plays. The work may incorporate Modern (19th/early 20th century) and Classical texts, as well as heightened, non-linear, and experimental material. Extending and realizing the event of the scene; layering conscious and unconscious behavior; applying technique as a tool to solve challenges outside your comfort zone; transformation of self. Through extensive examination, research, and experiment, you discover and rediscover the level of action and commitment needed to fulfill the form and idea of the play. Expected rehearsal time outside of class: 3-6+ hours / week

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
PRY6M	Pryce, Paul	09/11/2023	11/20/2023	Мо	10	18yr-& U	<sup>P</sup> 06:30 PM	09:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$585.00

### Scene Study 3

You apply advanced lessons in technique and text analysis to the preparation, rehearsal, and presentation of scenes from a range of contemporary and classic plays. The work may incorporate Modern (19th/early 20th century) and Classical texts, as well as heightened, non-linear, and experimental material. Scenes are presented in class for critique, then reworked to explore and apply feedback. Extensive research, preparation, and rehearsal are expected outside of class. Skills: understanding and realizing the event of the scene; layering conscious and unconscious behavior; applying technique as a tool to solve challenges outside your comfort zone; transformation of self. Through extensive examination, research, and experiment, you discover and rediscover the level of action and commitment needed to fulfill the form and idea of the play. Expected rehearsal time outside of class: 6+ hours / week.PREREQUISITE: Open to actors placed at Acting Level 3 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
EST10TU	Esterman, Laura	09/12/2023	11/21/2023	Tu	10	18yr-& Up -	10:00 AM	12:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$585.00

## **Singing Voice 1**

Singing and the ability to use the voice as an expressive instrument are an essential part of your skill set as an actor. Most actors will be called upon to sing at some point, regardless of whether your interests and talents run to musical theater. The study and practice of singing enhances your sense of musical form, pitch, rhythm, and language, and brings greater freedom, range and timbre to the speaking voice. Level 1 Singing is open to all — from total beginners to those who want to reinforce basic technique or strengthen your vocal instrument. The focus is on freeing, developing and strengthening the voice. Exercises emphasize relaxation and the most effective use of breath, an even use of the voice throughout the range, and awareness of how the entire body contributes to the production of sound. Level 1 will incorporate group and individual exercises, and work on songs of different genres. Accompanist provided.PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MB1TU	Bernard, Martha	09/12/2023	11/21/2023	Tu	10	18yr-& U -	p 01:00 PM	03:00 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$475.00

## Singing Voice 2

This Singing class is for you if you have some foundation in singing technique, having developed a connection of the voice to the breath, a practiced and heightened listening ability, a sense of phrasing and an ability to practice on your own. Class work will continue to develop singing technique and musicianship, with exercises to support the development of vocal control, flexibility and range. You will be asked to treat the song lyric as text not unlike that of a script, toward the goal of memorized presentation and interpretation of the song. Accompanist provided.PREREQUISITE: Open to those placed at Singing Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MB1TH	Bernard, Martha	09/14/2023	11/16/2023	Th	10	18yr-& U -	p 01:30 PM	03:30 PM	HB Studio Headquarters	Basement Studio - 120 Bank	\$475.00

# **Speaking Voice 1**

This class employs the destructuring and restructuring processes of Fitzmaurice Voicework® devised by Catherine Fitzmaurice. Training in voice work begins with the cultivation of deep physical awareness. Specific attention will be given to how the body—bones, muscles, breath, and nervous system — relates to healthy vocal production and vocal freedom. Examine how it feels to stand on your feet. Learn about how you live in your body, how you relate to your head and neck and shoulders. Discover how this affects your use of voice and influences healthy vocal spontaneity and expressiveness. Develop curiosity about these sensations and the circumstances and habits that affect them. Work through specific exercises to develop a Level 1 vocal and creative warm up sequence that will become your ongoing practice. Through your warm up become used to the process of checking in: recognizing and allowing the physical/emotional moment you are in and the circumstances that attend it, experiencing the moment, and working from it. Develop a relationship with the habitual patterns that influence how you engage with yourself—your skeletal and muscular structures, autonomic nervous system, your breath and your voice. Develop spontaneity, learning what it feels like to give in to a physical experience. With curiosity, explore and experience rigidity in the body through the release of tension, breathing, and spontaneous truthful sound. Learn the basic anatomy that supports breathing, sound making, and articulation in speech. Throughout Level 1 you are asked to discover your own process and be with others in theirs, so together the group develops a sense of what it means to be heard, seen and understood. Be advised that this Level requires time to master, and most actors will need a two- or three- term investment at Level 1 to develop awareness and become confident in these practices. All else in voice and speech work will build on this foundation.PREREQUISITE: Open to all levels.

EventCd Teacher	StartDate	EndDate	Days	Mtgs Ages StartTime	EndTime	Location	Room	Fee*
PFI6M Pfeifer, Ilse	09/11/2023	11/20/2023	Мо	18yr-& Up 06:30 PM	08:30 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00
MCW12SA McElwee, Theresa	09/16/2023	11/18/2023	Sa	10 18yr-& Up <sub>12:00</sub> PM	02:00 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00
MCW6TU McElwee, Theresa	09/12/2023	11/21/2023	Tu	10 18yr-& Up 06:00 PM -	08:00 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00

## **Speaking Voice 2**

This class employs the destructuring and restructuring processes of Fitzmaurice Voicework® devised by Catherine Fitzmaurice. An ongoing practice class for performers who have gained an embodied understanding of the fundamental principles of Fitzmaurice Voicework addressed in Level 1, and are seeking to develop a personal practice, apply these practices more deeply, and explore applications to rehearsal and performance. This class functions as a workout, giving you the opportunity to build synthesis with the different aspects of your acting work, and also to address specific individual problems and challenges arising from your efforts in performance and rehearsal, further exploring skills and incorporating speech, text, and movement. Working from your growing visceral and kinesthetic bodily awareness, you will continue working through your vocal and creative warm up, taking greater ownership of your practice. You are guided to work with greater ease, spontaneity, and intention, and with a deeper sense of truth. You will work with imagery, directed sound, and movement to communicate with intention. You will examine how intention relates to release and to the support of your voice, as you bring your vocal work to the effort to communicate and the desire to be heard. Learn what intention includes vocally, in terms of inner life and moment-to-moment work. Discover greater resonance and vibrancy, as you become aware of the space around you and consider the need to be heard in any circumstance, with any piece of text. Deepen your release of the jaw and neck and the body overall. Incorporate the expressive powers of articulation, sound, and resonance. You are guided to develop your own vocal practice and challenged to keep venturing beyond your comfort zone. You will explore texts and circumstances with an ever more complex sense of the layering of language, sound, form, and meaning. Participants are encouraged to bring to class a specific play or text, or specific aspects of your work that require integration, that yo

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
PFI1W	Pfeifer, Ilse	09/13/2023	11/15/2023	We	10	18yr-& U -	<sup>Jp</sup> 01:30 PM	03:30 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00

## Speech 1

Drawing upon Knight Thompson Speechwork, Level 1 Speech is designed to develop your awareness of the physiological components and physical actions of speech. You will learn speech anatomy, with exploration and play through the vocal tract. The class will make a careful study of all the possible consonant actions and experiment with oral postures. You will begin to explore an international range of possible speech sounds, developing the ability to perceive and experience shades of difference. These fundamental practices will be useful to both native and non-native American speakers.PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
DOL10SA	Dolezel, Craig	09/16/2023	11/18/2023	Sa	10	18yr-& U	p 10:00 AM	11:30 AM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00
DOL4M	Dolezel, Craig	09/11/2023	11/20/2023	Мо	10	18yr-& U -	<sup>P</sup> 04:00 PM	05:30 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00

## Speech 2

Continuing with the foundation laid in Speech 1, you are introduced to the International Phonetic Alphabet (IPA), and over time (and in subsequent levels), will develop a deep, physical working knowledge of this system, which provides a basis for analyzing, practicing, and acquiring a gamut of different accents and patterns of speaking. Through practice, you will work to develop flexibility, muscularity, and specificity in producing speech sounds. The goal is to increase intelligibility as well as flexibility in handling the specific demands of any given language, text or scene. These fundamental practices will be useful to both native and non-native American speakers.PREREQUISITE: Open to actors placed at Speech Level 2 and up. New to HB? Audition for placement.

EventCd Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MCW10W McElwee, Theresa	09/13/2023	11/15/2023	We	10	18yr-& U	p 10:00 AM	11:30 AM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00

#### Speech 3

AMERICAN ACCENT ACQUISITION SPECIAL TOPICS IN SPEECHContinuing with the foundation laid in Speech 1 and Speech 2, you will develop and deepen your working knowledge of the International Phonetic Alphabet (IPA) as an essential and practical actor's tool in service to the clarity of communication. Expanding upon this knowledge, Speech 3 will offer you the skills necessary to acquire accents (both North American and others), and to meet specific speech demands of a variety of texts. In addition, the class will take on the study of a specific speaker, bringing that work into the body. The goal is to expand and deepen speech skills, acquiring greater specificity and articulation. Whether you are interested in acquiring a North American accent absent the markers of regional speech, understanding how to approach accent work, or adjusting speech choices depending upon context and physical space, this workshop will offer you the skills needed in every actor's tool kit.PART A: IDIOLECT - Speech 3 Part A will focus on Idiolects, which are the specific unique characteristics and features of an individual person's speech pattern. This study is useful for all speakers as it asks you to deepen listening skills, utilize IPA tools such as suprasegmental features, prosody, tone and accent, diacritics, vowel and consonant length, and more. You will choose one or more speakers (public personalities) you are interested in studying and embodying in order to deepen and expand your skill sets.PART B: SPECIAL TOPICS IN SPEECH - Playwrights and screenwriters frequently create contexts and given circumstances, that can challenge an actor's speech skills. For example, numerous plays feature instances of alcohol and substance use, which have a profound impact on motor skills, including of course, speech. Playwrights have written characters with specific speech differences such as childhood fluency speech disorder (formerly called, 'stuttering') as well as other speech differences. These specific speech changes are, in fact, predictable and

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MCW11W	McElwee, Theresa	09/13/2023	11/15/2023	We	10	18yr-& U -	<sup>p</sup> 11:45 AM	01:15 PM	HB Studio Headquarters	Third Floor Speech - 120 Bank	\$475.00

## **Stage Combat: Weapons Training**

Weapons Training for ActorsLearn how to sword fight for stage and screen. Practice safety protocols for working with prop guns on set. Expand your special skills as an actor training with the Sordelet, Inc. team, who bring decades of experience and expertise in the field of safely creating extraordinary fight scenes with weapons.STAGE COMBAT INSTRUCTOR: Christian Kelly-Sordelet

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
SOR4TU	Kelly-Sordelet, Christian	09/12/2023	11/21/2023	Tu	10	18yr-& U	<sup>p</sup> 04:00 PM	06:00 PM	HB Studio Headquarters	First Floor Studio-120 Bank	\$425.00

## The Actor's Body

Presented by Gillian Abbott -Held in person at the Studio (please review in person requirements): This class will introduce you to the Actor's Body technique. We will focus on a warm-up sequence that prepares the artist for rehearsal or performance, as well as physical practices to support scene work and character development. You will discover how this work enhances your stage presence, vocal support and projection, a tolerance for intimacy, and a refined attunement to yourself, others and the space around you. This work will also support you in expanding your instrument, bringing you freedom to work with impulses moment-to-moment, and getting your emotional life on board from an embodied, technical place.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
GA4M-A	Abbott, Gillian	09/11/2023	10/16/2023	Mo	5	18yr-& U -	p 04:00 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$220.00
GA4M-B	Abbott, Gillian	10/23/2023	11/20/2023	Мо	5	18yr-& U -	<sup>p</sup> 04:00 PM	06:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$220.00

### The Art of Transformation

INSTRUCTOR: JANICE ORLANDIA movement course for actors with special topics each term. Topics may include Michael Chekhov Technique, Period Styles, Rasa Boxes, Viewpoints, Williamson Technique, and more. To find the special topic for current/upcoming terms, please visit The Art of Transformation.PREREQUISITE: Prior movement experience is recommended

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
JO7W	Orlandi, Janice	09/13/2023	11/15/2023	We	10	18yr-& U <sub>l</sub> -	р <sub>07</sub> :00 РМ	09:00 PM	HB Studio Headquarters	Second Floor Studio - 120 Bank	\$425.00