

FALL TERM 2023 - ONLINE CLASSES

Acting 1

The Fundamentals of an HB technique: Here, you develop the ability to respond truthfully, dynamically, and vividly with fellow actors and the ability to access sensory elements. You tap into the power of imagination and the reservoir of memory. You gain a working understanding of the terms: previous circumstances, destination, inner and outer objects, intentions, obstacles, and conflicts. You develop an awareness of the power, function and dynamics of “place”, and learn to be in a state of discovery, which leads to actions. You develop tools of research and observation and you get comfortable improvising. You begin to measure yourself against professional standards and develop habits of discipline and a strong work ethic. Do understand that these practices take time to master. It takes about a year (20-30 weeks) at this level to really own the skills addressed. Further scene study or performance work will then take root in this fertile ground. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
JR10SU-A	Roman, Julissa	09/17/2023	10/15/2023	Su	5	18yr-& Up -	10:00 AM	12:30 PM	HB Digital	Zoom Online	\$250.00
JR10SU-B	Roman, Julissa	10/22/2023	11/19/2023	Su	5	18yr-& Up -	10:00 AM	12:30 PM	HB Digital	Zoom Online	\$250.00

Acting 2

You continue developing the techniques from Acting 1, now applied toward scene work and the demands of crafting and scoring a role. You'll use Uta Hagen's object exercises to build habits of attention and unlock your rehearsal process. You'll apply improvisation to the exploration of character and circumstances, and develop an approach to preparation. Among the skills you'll practice: discerning beats, intentions, obstacles, and conflict; choosing actions; sensing the turning points in the text; substitution/personalization; endowment of sensory conditions; working with expectations and previous circumstances; finding immediacy in the give and take. PREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
JR10SA-A	Roman, Julissa	09/16/2023	10/14/2023	Sa	5	18yr-& Up -	10:00 AM	12:30 PM	HB Digital	Zoom Online	\$250.00
JR10SA-B	Roman, Julissa	10/21/2023	11/18/2023	Sa	5	18yr-& Up -	10:00 AM	12:30 PM	HB Digital	Zoom Online	\$250.00

Acting with the Camera 1

This Level 1 acting class provides an introduction to the technique of living truthfully in front of the camera. You explore the fundamental elements of a grounded acting technique as they relate to the level of intimacy the camera demands. As you practice in front of the camera, you learn to stay open and work freely without hiding or acting for the lens. You develop the ability to listen and connect truthfully with a partner, letting that interaction guide your impulses. You discover the relevance of Uta Hagen's exercises for on camera work – building the 4th wall, creating place, connecting with sensory aspects of the environment – and begin to understand the level of preparation, specificity, and simplicity the camera demands. You will receive video files of your on-camera footage at no extra charge, included within the cost of the class. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
COL6M-A	Colimon, Magaly	09/11/2023	10/16/2023	Mo	5	18yr-& Up -	06:30 PM	09:30 PM	HB Digital	Zoom Online	\$335.00
COL6M-B	Colimon, Magaly	10/23/2023	11/20/2023	Mo	5	18yr-& Up -	06:30 PM	09:30 PM	HB Digital	Zoom Online	\$335.00

Acting with the Camera 3 (essentials)

FALL 2023: Sundays – Camera 3: Skill Integration for Film (Essentials)Lisa Pelikan will be teaching one class this Fall 2023, geared towards both continuing (prior students of Ms. Pelikan) and beginning (new students of Ms. Pelikan) film actors:Continuing film actors with some film experience will work at an advanced level. This is an opportunity for the working actor with film experience to stretch, renew and risk. This is the class for actors who are ready to step onto the soundstage and begin filming. We will practice everything you need to own after the director calls, “Action!” Relationships with other characters in the screenplay, your space, the film crew, and above-the-line personnel will become more intentional. How do we become Present on film? How do you create location with a green screen? How does the quiet of the set become your friend? Let’s integrate your imagination, voice, body, and acting techniques to allow your most truthful work to be seen by the intimate eye of the camera lens. Let’s find freedom, joy, and presence in the technical world of film. We will practice the art of bringing-it-all- together. We will incorporate self-filming as an integral component of this course. Actors will experience creating work through the practice of filming themselves, in class and at home. Required: Previous experience working with Ms. Pelikan.Beginning film actors will start with learning the steps needed to prepare to work on a professional film set. We will focus on your preparation for filming. You will learn the skills you need to have prepared before you step onto the soundstage of a feature film. Everything you need to know prior to the director calling, “Action!” These are the same tools you need to have mastered for an audition or self-tape. You will practice exercises that will allow you to experience finding the ease to move forward into the profession and the Art of film acting. Required: Beginning film actors must set a zoom meeting with Ms. Pelikan prior to their first class. Please email her (lpelikan@hbstudio.org) as soon as you have registered and are ready to begin!Lisa Pelikan brings her years of professional film, television, internet, and theatrical acting experience together with certifications in Fitzmaurice Voicework® and Laban Movement Analysis to hold this course for fellow actors seeking deeper truth in their work and full integration of themselves as artists. Let’s practice Being Present in the moment with all your skills. Let’s bring your imagination, breath, body, voice, spacial- awareness, and acting techniques together for the camera, the director, the camera operator, your fellow actors, and the outside world. In this ongoing class we will create a safe space, learn from our failures, and support each other in taking risks and growing as artists. We will demand respect for the work and each other.You will receive zoom files of your on-camera footage at no extra charge.Expected rehearsal time outside of class: 3+ hours/week. Beginning film actors may need additional time. Please be aware that the demands of time for this class will depend on your own commitment to growth as a film artist. Ms. Pelikan will match you in your commitment.PREREQUISITE: Open to actors placed at Acting Level 3 or Studio Practice. New to HB? Audition or submit online for level placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
LP1SU-A	Pelikan, Lisa	09/17/2023	10/15/2023	Su	5	18yr-& Up	01:00 PM	04:00 PM	HB Digital	Zoom Online	\$335.00
LP1SU-B	Pelikan, Lisa	10/22/2023	11/19/2023	Su	5	18yr-& Up	01:00 PM	04:00 PM	HB Digital	Zoom Online	\$335.00

Alexander Technique

The Alexander Technique is a gentle method through which you gradually learn to free yourself from unconscious physical habits that limit your ease, versatility, and freedom. This course will inquire into and enhance your “body map” – your conception of your body, as a whole and in specific areas. As you learn to release the downward pressure of your head to your spine, become clearer about your joints and how they work, and understand the unity of your body/mind and how it functions as a whole, you will gain access to an ever-increasing sensory awareness. Bringing conscious thought and awareness to daily life will allow you to change the habitual behavior that creates unneeded tension. Posture and self-use become conscious and volitional, not habitual and rigid. This translates to a greater possibility of fully embodying characters whose physical life is different from your own while maintaining healthy use of your body. Natural free use of the breath is addressed as a result of freeing the whole self, supporting your voice work.Recommended reading for Alexander Technique: BODY LEARNING by Michael GelbPREREQUISITE: Open to ALL levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
XP4SU-A	Proessl, Stefanie	09/17/2023	10/15/2023	Su	5	18yr-& Up	04:30 PM	06:00 PM	HB Digital	Zoom Online	\$160.00
XP4SU-B	Proessl, Stefanie	10/22/2023	11/19/2023	Su	5	18yr-& Up	04:30 PM	06:00 PM	HB Digital	Zoom Online	\$160.00

Playwriting

You will have demonstrated a commitment to the art and craft of playwriting, possess a thorough grasp in practical terms of the vocabulary and technical skills presented in Playwriting Technique, and be able to engage with and support your fellow artists with lively and generous discussion. You are ready to embark on longer plays with multiple characters. These plays are guided from the creative impulse of the first draft to clarifying, exploring and shaping the second. You are ready to embrace and delve more deeply into the challenges of the revision, sacrificing favorite lines and notions to dramaturgical momentum, as mastery of the rewrite becomes a thrilling and joyful venture.PREREQUISITE: To take this class you must either:Have previously taken "Playwriting Technique" and received faculty approval to advance to "Playwriting" ?-or-Apply with a script sample to be considered for admission directly into this class. Script submissions are accepted year around. There is a \$15.00 non-refundable fee for each submission. Apply online: link. Requirements: You must have working knowledge of and access to a word processing program in order to format your work according to industry standards (eg. Microsoft Word, Final Draft, Celtx, or equivalent).

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MKE6W	McKee, Julie	09/13/2023	11/15/2023	We	10	18yr-& Up	06:00 PM	09:00 PM	HB Digital	Zoom Online	\$535.00

Playwriting Technique

Open to everyone. From first-time writers to experienced playwrights who want to go back to the basics and/or expand their creative processes. This class will include readings (plays, essays, poems, prose), mini lessons/lectures, in-class exercises, take-home assignments, and hearing students' work read aloud. The goal of this class is to explore what plays might be and how we might write them. And to have fun. For two assignments, students will be asked to write new short plays. For the rest of the assignments, students will be invited to apply them to plays already in process or to plays not yet begun. PREREQUISITE: Open to all levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
MKE2SU	McKee, Julie	09/17/2023	11/19/2023	Su	10	18yr-& Up	02:00 PM	05:00 PM	HB Digital	Zoom Online	\$535.00
EIN6M	Einspanier, Sarah	09/11/2023	11/20/2023	Mo	10	18yr-& Up	06:00 PM	09:00 PM	HB Digital	Zoom Online	\$535.00

Scene Study - Studio Practice

For professional performers who desire to return to, or maintain an ongoing relationship with a dynamic and fertile state of learning. The goal: to use the specifics of language, action, subtext, circumstance, and relationships in order to connect with the work at the deepest most personal level. You are encouraged to push boundaries with the aim of building ever more complex characters and situations, allowing and exploring what is powerfully, unexpectedly revealed. Expected rehearsal time outside of class: 6+ hours / week. PREREQUISITE: Open to actors placed at Acting Level Studio Practice (4). New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
PEN10TU-A	Pendleton, Austin	09/12/2023	10/10/2023	Tu	5	18yr-& Up	10:00 AM	01:00 PM	HB Digital	Zoom Online	\$285.00
PEN10TU-B	Pendleton, Austin	10/17/2023	11/21/2023	Tu	5	18yr-& Up	10:00 AM	01:00 PM	HB Digital	Zoom Online	\$285.00
PEN11M-A	Pendleton, Austin	09/11/2023	10/16/2023	Mo	5	18yr-& Up	11:00 AM	02:00 PM	HB Digital	Zoom Online	\$285.00
PEN11M-B	Pendleton, Austin	10/23/2023	11/20/2023	Mo	5	18yr-& Up	11:00 AM	02:00 PM	HB Digital	Zoom Online	\$285.00

Scene Study 1

An introduction to the process of preparing and rehearsing a scripted text. Using Uta Hagen's six steps as a guide, you will work to find authentic inner connection to the character's details and circumstances and to choose truthful, effective and lively actions. A commitment to rehearse with partners outside of class is required. Expected rehearsal time outside of class: 3-4 hours / weekPREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
BEC7W-A	Beckett, Michael	09/13/2023	10/11/2023	We	5	18yr-& Up	07:00 PM	09:30 PM	HB Digital	Zoom Online	\$260.00
BEC7W-B	Beckett, Michael	10/18/2023	11/15/2023	We	5	18yr-& Up	07:00 PM	09:30 PM	HB Digital	Zoom Online	\$260.00

Scene Study 2

You will apply the lessons of Acting 1 and 2 to the preparation, rehearsal, and presentation of scenes, focusing on contemporary realist plays (mid-20th century to present). Scenes are presented in class for critique, then reworked to explore and apply feedback. Technique exercises may be introduced diagnostically to address problems as they arise. Expected rehearsal time outside of class: 3-6 hours / weekPREREQUISITE: Open to actors placed at Acting Level 2 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
BEC6TU-A	Beckett, Michael	09/12/2023	10/10/2023	Tu	5	18yr-& Up	06:00 PM	08:30 PM	HB Digital	Zoom Online	\$260.00
BEC6TU-B	Beckett, Michael	10/17/2023	11/21/2023	Tu	5	18yr-& Up	06:00 PM	08:30 PM	HB Digital	Zoom Online	\$260.00

Scene Study 3

You apply advanced lessons in technique and text analysis to the preparation, rehearsal, and presentation of scenes from a range of contemporary and classic plays. The work may incorporate Modern (19th/early 20th century) and Classical texts, as well as heightened, non-linear, and experimental material. Scenes are presented in class for critique, then reworked to explore and apply feedback. Extensive research, preparation, and rehearsal are expected outside of class. Skills: understanding and realizing the event of the scene; layering conscious and unconscious behavior; applying technique as a tool to solve challenges outside your comfort zone; transformation of self. Through extensive examination, research, and experiment, you discover and rediscover the level of action and commitment needed to fulfill the form and idea of the play. Expected rehearsal time outside of class: 6+ hours / week. PREREQUISITE: Open to actors placed at Acting Level 3 and up. New to HB? Audition for placement.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
PEN6M-A	Pendleton, Austin	09/11/2023	10/16/2023	Mo	5	18yr-& Up	06:00 PM	09:00 PM	HB Digital	Zoom Online	\$285.00
PEN6M-B	Pendleton, Austin	10/23/2023	11/20/2023	Mo	5	18yr-& Up	06:00 PM	09:00 PM	HB Digital	Zoom Online	\$285.00

Singing Voice 1

Singing and the ability to use the voice as an expressive instrument are an essential part of your skill set as an actor. Most actors will be called upon to sing at some point, regardless of whether your interests and talents run to musical theater. The study and practice of singing enhances your sense of musical form, pitch, rhythm, and language, and brings greater freedom, range and timbre to the speaking voice. Level 1 Singing is open to all — from total beginners to those who want to reinforce basic technique or strengthen your vocal instrument. The focus is on freeing, developing and strengthening the voice. Exercises emphasize relaxation and the most effective use of breath, an even use of the voice throughout the range, and awareness of how the entire body contributes to the production of sound. Level 1 will incorporate group and individual exercises, and work on songs of different genres. Accompanist provided. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
BOW7W-A	Bowen, John	09/13/2023	10/11/2023	We	5	18yr-& Up	07:00 PM	09:00 PM	HB Digital	Zoom Online	\$210.00
BOW7W-B	Bowen, John	10/18/2023	11/15/2023	We	5	18yr-& Up	07:00 PM	09:00 PM	HB Digital	Zoom Online	\$210.00

Speaking Voice 1

This class employs the deconstructing and restructuring processes of Fitzmaurice Voicework® devised by Catherine Fitzmaurice. Training in voice work begins with the cultivation of deep physical awareness. Specific attention will be given to how the body—bones, muscles, breath, and nervous system — relates to healthy vocal production and vocal freedom. Examine how it feels to stand on your feet. Learn about how you live in your body, how you relate to your head and neck and shoulders. Discover how this affects your use of voice and influences healthy vocal spontaneity and expressiveness. Develop curiosity about these sensations and the circumstances and habits that affect them. Work through specific exercises to develop a Level 1 vocal and creative warm up sequence that will become your ongoing practice. Through your warm up become used to the process of checking in: recognizing and allowing the physical/emotional moment you are in and the circumstances that attend it, experiencing the moment, and working from it. Develop a relationship with the habitual patterns that influence how you engage with yourself—your skeletal and muscular structures, autonomic nervous system, your breath and your voice. Develop spontaneity, learning what it feels like to give in to a physical experience. With curiosity, explore and experience rigidity in the body through the release of tension, breathing, and spontaneous truthful sound. Learn the basic anatomy that supports breathing, sound making, and articulation in speech. Throughout Level 1 you are asked to discover your own process and be with others in theirs, so together the group develops a sense of what it means to be heard, seen and understood. Be advised that this Level requires time to master, and most actors will need a two- or three- term investment at Level 1 to develop awareness and become confident in these practices. All else in voice and speech work will build on this foundation. PREREQUISITE: Open to all levels.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
PFI6W-A	Pfeifer, Ilse	09/13/2023	10/11/2023	We	5	18yr-& Up	06:30 PM	08:30 PM	HB Digital	Zoom Online	\$210.00
PFI6W-B	Pfeifer, Ilse	10/18/2023	11/15/2023	We	5	18yr-& Up	06:30 PM	08:30 PM	HB Digital	Zoom Online	\$210.00

Speech 1

Drawing upon Knight Thompson Speechwork, Level 1 Speech is designed to develop your awareness of the physiological components and physical actions of speech. You will learn speech anatomy, with exploration and play through the vocal tract. The class will make a careful study of all the possible consonant actions and experiment with oral postures. You will begin to explore an international range of possible speech sounds, developing the ability to perceive and experience shades of difference. These fundamental practices will be useful to both native and non-native American speakers. PREREQUISITE: Open to all.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
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DOL6TH-A Dolezel, Craig	09/14/2023	10/12/2023	Th	5	18yr-& Up -	06:00 PM	07:30 PM	HB Digital		Zoom Online	\$210.00
DOL6TH-B Dolezel, Craig	10/19/2023	11/16/2023	Th	5	18yr-& Up -	06:00 PM	07:30 PM	HB Digital		Zoom Online	\$210.00
